NATURE'S SUNSHINE

MELATONIN EXTRA

A GOOD NIGHT'S SLEEP STARTS IN THE EVENING



A good night's sleep is the best start to a new day

Every new day begins the evening before. It is during sleep that your body recovers from the demands of the day, allowing you to wake up refreshed and ready for new challenges.

Melatonin Extra is a modern formula designed for people who want to make their evening routine a natural part of a healthy lifestyle.
It contains 3 mg of melatonin, enriched with a proprietary blend of Siberian ginseng, Ginkgo biloba, and vitamin E.





Why choose Melatonin Extra?



✔️ 3 mg of melatonin in every capsule.

✔️ Melatonin helps reduce the time needed to fall asleep.

✔️ Enriched with Ginkgo biloba, Siberian ginseng, and vitamin E.

✔️ 60 plant-based capsules, suitable for vegans.



A peaceful evening

Put your phone away, slow down, enjoy a good book, and make time for your evening ritual. Time spent resting is an investment in your energy, well-being, and readiness for the day ahead.

Melatonin Extra is a natural part of the Nature's Sunshine daily wellness routine—because every great day begins with a good night's sleep.

Contact your Independent Nature's Sunshine Distributor